The Reeve's Tale Magazine

March 2015

Bawdeswell & Foxley

www.thereevestale.co.uk



At Reepham Town

Due to the rebuilding of our own Village Hall we have moved temporarily to Reepham Town Hall. We will be back in the NEW Bawdeswell Village Hall on 20th June 2015 [subject to confirmation]. In the meantime, come and join us in Reepham where you will find just as friendly a welcome. Other than June all films will be on the second Saturday of the month.

Saturday 14th March - 7pm for 7.30 start

Mr Turner

124

POWERED

Mr. Turner explores the last quarter century of the great if eccentric British painter J.M.W Turner [**Timothy Spall**] (1775-1851). Profoundly affected by the death of his father, loved by a housekeeper he takes for granted and occasionally exploits sexually, he forms a close relationship with a seaside landlady with whom he eventually lives incognito in Chelsea, where he dies. Throughout this, he travels, paints, stays with the country aristocracy, visits brothels, is a popular if anarchic member of the Royal Academy of Arts, has himself strapped to the mast of a ship so that he can paint a snowstorm, and is both celebrated and reviled by the public and by royalty. **WRITTEN BY** *Entertainment One* life.

Saturday 11th April - 7pm for 7.30 start The Imitation Game



Based on the real life story of legendary cryptanalyst Alan Turing [Benedict Cumberbatch], the film portrays the nail-biting race against time by Turing and his brilliant team of codebreakers at Britain's top-secret Government Code and Cypher School at Bletchley Park, during the darkest days of World War II. - WRITTEN BY Studio Canal

> Films all subject to availability Refreshments Available - Bar/Cafe

Ticket Prices – at the door Adults £4.50, Over 60 £4, Under 18 £2.50, Family (2A+2C) £12 + £1.50 each extra child

> You can find us at www.bawdeswellvillagehall.norfolkparishes.gov.uk Tel: 01362 688749 or email: <u>BawdeswellVillageCinema@gmail.com</u> You can also email us and ask to be put on our distribution list which will give you the opportunity to help choose our film program.

Welcome

Thank you

We'd like to take this opportunity to thank everyone who's sent us kind words about the last edition of The Reeve's Tale. As the first colour edition, printed by a new supplier, we were somewhat nervous about how it would look. We were relieved when it arrived and even more relieved to receive positive feedback from readers.

The good news is that we're confident the magazine will be in full colour from now on. So if you have photos of any local events that you'd like us to include, please send them over.

We've included our first local business review on page 27, and we hope that will encourage other local business owners to get in touch and tell us more about what they do. But it's not just businesses we're interested in hearing from. If you have a particular interest, hobby or story you'd like to share, we'd love to hear from you.

Emma and Gavin Raines

.....

Next copy deadline

15th March 2015

Please email hello@thereevestale.co.uk

Advertising in The Reeve's Tale

If you would like to advertise your business within The Reeve's Tale, please contact us via email hello@thereevestale.co.uk or visit www.thereevestale.co.uk for 2015 advertising rates.

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Front image:

Spring Lambs Gavin Raines - Example Marketing

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New ladies' group

"We have a new ladies' group meeting once a month at the new village hall in Lenwade. It's called Wensum Swans WI and we meet from 7-9pm on every 1st Tuesday of the month. Price to join is £36 per year (£3.00 per month). Contact Kay Skelton for more information: kayskelton@live.co.uk; phone: 07979 085231"

Kay Skelton



Country Modern, Nowhere Lane, Great Witchingham, Norfolk NR9 5PD contactus@countrymodern.co.uk www.countrymodern.co.uk 01603 554224 / 07789 502946



March Events

Event	Date	Location(s)
Book Club	Thurs 5th	The Old Workhouse; 8pm
Mobile Library	Wed 11th	Bawdeswell; 10am - 11.40am Foxley; 11.45am - 12pm
Ladies' Craft Club	Thurs 12th	Please call Marietta on 01362 688400 to check venue
Friends of Bawdeswell Church Quiz Night	Sat 14th	Foxley Village Hall; 7.00pm
Bawdeswell Village Cinema: Mr Turner	Sat 14th	Reepham Town Hall; 7.00pm for 7.30pm
Foxley Coffee Morning	Wed 18th	Foxley Village Hall; 10.30am
Ladies Craft Club	Thurs 26th	Please call Marietta on 01362 688400 to check venue
FAB	Wed 1st Apr	Foxley Village Hall; 10.30am

Regular Events

Event	Time/Date	Location
Short Mat bowls	Every Monday & Friday 2.30pm	Foxley Village Hall
Bridge	Tuesday 7.15pm, Friday 2.15pm	Tues: Foxley Village Hall, Friday: call for details
Table Tennis	Wednesday evening	Foxley Village Hall
Table Tennis	Monday 7.30 - 9.30pm	Lyng Village Hall
Seekers	First Sat of the month 10am	Bawdeswell Church
Little Monkeys	Every Fri (term time) 9.30am - 12pm	Foxley Village Hall
Youth Club	Thursday 7pm – 9pm	Foxley Village Hall
Pilates	Fridays 7pm	Bircham Centre, Reepham

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Other Local Events

Event	Time/Date	Description
Mid Norfolk Singers Spring Concert, St Nicholas Church, Dereham	Sat 28th Mar, 7.30pm	Bach Magnificat, Vivaldi Gloria, Haydn Nelson Mass. Tickets £9.50 (£6 under 16s) from Dereham Travel or on the door.
The Rietman Singers, Elsing Church	Sun 21st June, 7.00pm	Back by popular demand – if you enjoy fabulous choral singing then don't miss this evening. The concert will be held as a joint fund-raising event by Elsing and Foxley churches and will include refreshments.

If you would like your event listed in The Reeve's Tale email **hello@thereevestale.co.uk**

Also on **thereevestale.co.uk** website: find out about forthcoming events at Dereham Memorial Hall.



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Foxley Village Hall

Wednesday 1st April at 10.30am

Well it is April Fools' Day so anything could happen.....

But come and join us for tea/coffee and home made cakes and our usual FAB raffle. Just to encourage you there will be a really *FAB* top prize this month!! Also we will be welcoming ~

Dr Barrie Lawrence

who will give us a talk called: "Looking Down in the Mouth"

Barrie is a retired dentist and will tell us about his more humorous experiences!!

For further information or to arrange a lift ~ call Bill & Jackie on 688956 or Janet 688749

Bawdeswell Village Hall

Building work has been progressing in spite of wind, rain, frost and sleet, and not unsurprisingly the building



schedule has been delayed because of these conditions and the shortage of bricklayers. The frost even welded together the bricks and blocks piled up to be used. The roof is scheduled to be on by the end of February. All necessary materials are available as are the other trades people so at the moment it is probable that there will be a 2 week delay with the building being finished sometime in May. You can follow progress on our website http://bawdeswellvillagehall.norfolkparishes. gov.uk/new-hall-progress/

The bat boxes are in place on the east wall and have been inspected by the Ecologist who confirms the bats will now have a "des-res". However, we are more anxious that it is the villagers that find the new building appropriate for their needs! To that end: a variety of proposed possible new chairs are being tested for suitability, various white goods for the kitchen and reception area are being chosen and we are very grateful to the people that are making donations for these items. A big THANK YOU!

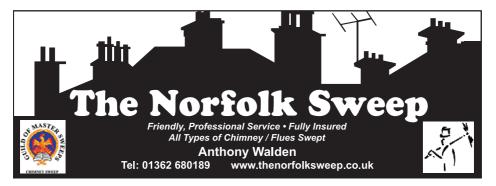
We have now had our 5th tranche of money from the Lottery. A new logo has been agreed. The Cinema Club is applying for a grant for the larger projector it will need in the new building. Various policies are being established to manage the new building. Committee members are undertaking necessary training courses and many ideas and much effort is being concentrated on making the opening weekend, 25/26 July, an unforgettable one for Bawdeswell. Another coffee morning meeting to continue planning for the opening will take place on Saturday 18th April at Church View, The Street, at 10.00 am. All welcome.

Contacts:

Treasurer	
Chairman	
Secretary	

William Mason James Lilwall Marietta Menzies 01362 688 338 01362 688 499 01362 688 400







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All about giving

Dereham Food Bank

The need for the Food Bank is as great as ever. Donations are always welcome and the collection box is at the back of All Saints Church. Items particularly required are sauces (brown and ketchup), steamed puds, small (550g) bags of sugar, toiletries and nappies. At present, Dereham has a good supply of basic staples. More information about the Trussel Trust that created the Food Banks and the basis upon which food parcels are given can be found at: http://www.trusseltrust.org/foodbank-projects

New Village Hall

Donations can be made to the new Village Hall, supported by Gift Aid. This means for every £1.00 you donate, Bawdeswell Village Hall receives another 25p from HMRC. If you are a higher rate tax payer, you can reclaim the difference between the standard rate and your own tax rate. You can, of course, use Gift Aid to support any Registered Charity. See: http://www.gov.uk/donating-to-charity/gift-aid

You can also support Bawdeswell Village Hall by making your online purchases through "East Fund Raising". Read more about it on the Village Hall Website – http://bawdeswellvillagehall.norfolkparishes.gov.uk/fund-raising/

International giving

Do you ever feel that your donations are wasted on excessive administration charges or don't get to the people for whom your donation is intended? Why not have a look at Lend With Care? Here, the recipients are entrepreneurs who need funding to set up a business, a shop, improve their farming etc. and they repay the loan. A local villager, who opened their account in January 2014 with £250 has, to date, made loans totalling £525. Defaults on loans are less than 1%. This is a good way of helping people to help themselves, and because it's based on 'crowd-funding', the risk is spread. Why not have a look at their website? http://www.lendwithcare.org/info/faqs



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Clubs and Societies



The story is essentially about two Nigerian students, Ifemelu and her boyfriend Obinze, their experiences and observations in their 15 years apart and what happens when they eventually meet again several years later back in Nigeria. The story spans continents (Africa, America and Europe) in the 21st century and explores issues of race, identity, education, class, wealth,



power, foreignness, immigration, belonging and loneliness with a cast of believable characters and a strong narrative. Any assumptions that the reader has are continually challenged with charm and skilful writing.

Ifemelu leaves her home and boyfriend to undertake post-graduate studies in America - a dream that she thought was unattainable. Having cut herself off from Obinze and experienced difficulties and having becoming more and more isolated, she eventually finds credibility and her voice through her blogs that are wry observations on race that attract many followers. Conversely Obinze eventually finds himself working illegally in England and despite all his efforts ends up back in Nigeria still chasing success. When they contact each other again their lives have changed but they are still connected.

The book starts in a hair salon where Ifemelu is having her hair braided before returning to Nigeria and the politics of black hair is a theme often explored during the book. 'Americanah' is a sort of nickname for a Nigerian female who has lived in the US and adopted American ways (without necessarily being aware of this). This is a book by a Nigerian author about predominantly Nigerian experiences with many universal themes. It is an ambitious book that provides much food for thought and rewards the reader.

The Book Club meets in the Workhouse Bar on the first Thursday of every month at 8pm. We mostly obtain books from the Library so there is not the expense of buying new books each month. We are currently reading "And the Mountains Echoed" by Khaled Hosseini for discussion at our meeting on the 5th March and will read "Black Sheep" by Susan Hill for discussion at our meeting on the 2nd April. New members are always welcome. Enquiries: Marietta Menzies 01362 688 400.

For a full listing of mobile library stops and times, please visit the Services section on www.thereevestales.co.uk



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Clubs and Societies

Bawdeswell Ladies' Craft Club

At our first meeting in February we had two visitors from Norfolk Knitters who



told us about the various charities they donate the knitted goods the various groups in the county make. We have become affiliated with them and they went off with bags of the accumulated knitting for charity we and the ladies from Foxley have done in the last 6 months. They will provide patterns and some wool if necessary so we can knit for them between our own projects.

We enjoy our fortnightly get togethers and the charge remains at £2. New members are welcome. Our future meeting dates are the 12th and 26th March. We are meeting in members' homes while the hall is under construction so please ring Marietta Menzies to check the venue. **Marietta Menzies**, **01362 688 400**



Bridge Club

The JayCee Bridge Club holds weekly sessions. We meet every Tuesday evening at 7.15pm for a 7.30pm start at Foxley Village Hall, and every

Friday afternoon at 2.15pm for a 2.30pm start. Please contact Roger or Patsy to determine the venue for Friday afternoons, for information, or to confirm a session is to take place. **Roger Fryatt: 01362 688627 or Patsy Catchpole: 01362 688352.**



Foxley Village Hall Coffee Morning

18th March 10.30am

A warm welcome to all. On the third Wednesday of each month. Come along and join us for a coffee and a mardle.

Bawdeswell Bowls Club

After a very successful 2014, the club's hopes for 2015 are high. We play in three leagues: County, Cawston and Dereham. Any new players are welcome, even if you have never played before. Contact **Paul Digby** on **01362 688615, 07796 964574**, or email **paul.digby5@hotmail.co.uk**. Bawdeswell also host Bintree, Foulsham and Lakeside.

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Clubs and Societies

Short Mat Bowls Foxley Village Hall Every Monday and Friday, 2.30pm

Our short mat bowls is not the game you may have watched on TV where the game is played in absolute silence: a single cough incurring instant glares of castigation. No, this is a game where chatter and a considerable amount of laughter are an intrinsic part of the evening. The atmosphere is distinctly friendly and sociable.

Why not come along to the hall just to see how you would fare at a practice session? There will be bowls for you to try and plenty of help and encouragement from members. And who knows? You may even be a natural!

To find out more, call Dennis on 01362 688099 or Carole on 688567.



Bawdeswell Table Tennis Club Lyng Village Hall

Every Monday 7.30pm – 9.30pm

Come and join us for a couple of hours. We have three tables so, depending on the number of people attending each week, there's the chance to play a singles game as well as doubles. Players at all levels of experience are welcome. Adults: £2.50. Under 16 years: £1.50. Please note: children under 16 years must be accompanied by an adult. For more information, contact **Janet Cockburn** on **01362 688749**.



Fifty and Beyond (FAB)

Our February meeting was held on a very cold freezing morning, but despite this over 50 FAB members braved the conditions. The guest speaker was Lynda Hind and she gave an interesting talk on Parkinson's Disease which was both entertaining and informative. Her knowledge of the subject gained from her nursing career and time spent on the Parkinson's UK helpline was put to the test during a probing question time. She was excellent. Unlike most speakers, Lynda did not charge a fee for her attendance and so on behalf of FAB a donation was made to Parkinson's UK. This donation was increased to £55 thanks to a further £20 donation from a FAB member. The raffle was a success and everyone enjoyed the coffee, tea and homemade cakes. Our next meeting is 1st April 10.30am - 12.00pm at Foxley Village Hall. **Bill and Jackie 688956 or Janet 688749.**

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Clubs and Societies

Iceni Choir The Iceni Choir is a locally based choir and we're looking for tenors and altos to come and sing. This year we are doing the Mozart Requiem and if you have sung this piece and would like to repeat the experience please contact the choir.

The choir meets Wednesday evenings at Reepham Methodist Church 7.30pm until 9.30pm. We sing a variety of music from Broadway musicals to early Church. We perform summer and winter concerts incorporating all types of music. If you love to sing, come and join us.

Contact Jim Stebbings concert manager 01362 693277 or Beverley Cooper PR 01362 858185 coop501954@yahoo.com.

To see past performance photos, including those from our Great War Commemoration, please visit www.icenichoir.org





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Services



Community Car Scheme – Bawdeswell, Bylaugh, Foxley

For those who are new to the village, and have no other means to get to the local doctors, dentists and hospitals, the following information may be useful.

The car scheme is run for the benefit of the three villages and the charge to the passenger is 20p per mile for a return journey. The remainder of the costs to the driver is provided by Breckland and the Parish Councils of Bawdeswell and Foxley.

To book a community car, please ring Sylvia McColville on 01362 688189. If you leave a message, please leave your name, address and telephone number clearly so that your call may be returned at the earliest opportunity. Please also give as much notice of appointments as possible, as it is difficult to commit a driver to a same day appointment – but we do our best to accommodate at short notice.

If you would like to join the scheme as a driver, for further details ring Angela Shannon on 01362 688111.

Angela Shannon CCS Co-ordinator



Post Office

Opening hours and locations

Weekday	Location	Opening Times
Monday	Lenwade, Bridge Inn	8.30am - 10.00am
Monday	Attlebridge Church	10.45am - 12.45pm
Tuesday	Bawdeswell Church	9.00am - 12.00pm
Tuesday	Foulsham, New Frost Hall	12.30pm - 3.30pm
Wednesday	Bintree Church	8.30am - 10.30am
Thursday	Foulsham, New Frost Hall	8.30am - 11.30am
Thursday	Lenwade, Bridge Inn	12.00pm - 2.00pm
Friday	Bawdeswell Church	9.00am - 12.00pm
Friday	Bintree Church	12.30pm - 2.30pm

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Bawdeswell Garden Centre

Peter and Judy Underwood have owned the garden centre for 32 years. We should feel proud to have such a successful, independent business in our midst which draws people to Bawdeswell from across Norfolk. We spoke to Steve Oakley, Marketing Manager, to find out more.



What are the big plans for 2015?

"We've got lots of great events coming up. In March we've got our Easter Egg Hunt in the Millennium Gardens from 30 March to 4 April – great fun for families. We're planning a charity fashion show, and we're welcoming gardening expert Pippa Greenwood on 29 May to give a talk. Over the summer we'll be running our popular Sunday Jazz event again on the 26 July, 23 August and 27 September. So plenty going on."



More than just a garden centre then?

"Absolutely. People can easily while away a few hours with us! We try to include seasonal activities throughout the year to attract new visitors. But it's not just the events and activities, our product ranges have grown over the years. In fact, our furniture section is now one of the most successful areas and something we've worked hard to develop."

There seems to be a lot of work going on outside at the moment – what's happening?

"We're rebuilding our plant area to make some real improvements. Robbie and Ann who work with us full-time have a wealth of plant knowledge and they can't wait to

have the new area completed so they can help more customers find the right plants. That should be open in April. And we're also building a new Bewilderwood-style kids play area to help us appeal to younger families. 2015 is going to be a busy year!"

To see your business featured here next month, email hello@thereevestale.co.uk

Bawdeswell Parish Council

Bawdeswell Parish Council met on Monday 2nd January.

Cllr Shannon attended a recent SNAP Police meeting with District Cllr Bambridge and as a result Bawdeswell have been placed on the police priority list for attention over the next couple of months as a result of continuous anti-social behaviour.

Following consultation and agreement from residents and the PC, Highways confirmed they would not be progressing with the Trod scheme and all the money that had been donated will be refunded. Clerk to chase the repayment and to ask Highways to reinstate gruts outside Heath Cottage as there has been an issue with flooding.

An inspection of the Village Hall play area and equipment was carried out in December and the report circulated to Councillors. Low/medium concerns were highlighted including the need for signage. Following discussion the Council unanimously approved that all repairs would be carried out under the maintenance budget. Clerk to obtain a quote for the work. District Cllr Bambridge highlighted the possibility of grant funding from Breckland DC. PC confirmed their approval to appoint Mr Bracey for future annual play inspections.

It was confirmed that Les Beech had kindly agreed to carry out weekly play area inspections.

As previously discussed, Bawdeswell is facing a dwindling volunteer base and attempts to try and recruit more had not proved entirely successful (although thanks were expressed to the new volunteer who had offered to help with the gate rota). It was recognised that in future Bawdeswell would need to pay for day to day village maintenance at the Village Green, Jubilee Garden and Adams Pit. Consideration was given to the idea of youngsters helping with recreation ground maintenance but it was felt this would have health and safety implications and was therefore dismissed.

Following discussion the PC felt the idea of a brick built BBQ to go in the area between the village hall and the play area would be a good scheme to put forward for a Breckland grant funding opportunity. Members of the PC unanimously agreed to Cllr Shannon pursuing the idea.

The PC received details of, and considered, the Norfolk Constabulary PCSO partnership scheme but felt that without further detailed information, in particular with regards to ownership and usage within the village they were unlikely to agree to

fund a PCSO either in part or in whole.

Planning application number – 3PL/2014/1034, Change of use of existing sun room/store/shower WC to a holiday let at Waratah, The Street, Bawdeswell was discussed. The PC requested that this application be refused as it was considered infill garden development which should not be permitted within the conservation area. The PC requested restricted residency conditions be imposed should the application be approved.

It was confirmed that the Annual Parish meeting would be held on the 11th May 2015 and the Annual Parish Council meeting would be held on the 18th May 2015, directly followed by the usual Parish Council meeting.

The Parish Council would like to hear from any gardeners (with PL insurance) who would be interested in submitting quotes for grass cutting and maintenance on the village green, Jubilee Gardens and Adams Pit. For further details please contact the Clerk on 01603 879480 or by email bawdeswellpc@hotmail.com.

Mrs Jo Boxall, White House, Pettywell, Reepham, NR10 4RN Tel: 01603 879480 | Email: bawdeswellpc@hotmail.com

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Foxley Parish Council

Digest of the minutes of the meeting held on 12th February in the Village Hall at 7.30pm.

Present:

Councillors Harvey JH (Chairman), Barrett DB, Hatch NH, Mrs E Buck (Clerk), Mr G Bambridge (District Councillor) and 3 parishioners.

Apologies:

Mr N Mears.

Minutes of last meeting:

The minutes of the last Parish Council meeting held on the 18th December were agreed and signed.



Are you suffering from an injury or pain? Need to see a physiotherapist?

Locally based, friendly, professional and reliable

Lorraine Neale BSc (hons) MCSP

I have over **20 years' experience** as a chartered physiotherapist specialising in musculoskeletal injuries.

Areas of special interest include... Acute and chronic spinal pain | Shoulder and knee pain Acupuncture | Sports injuries

I qualified in 1993 from Nottingham University and have enjoyed roles in the NHS, Industry, Armed Forces, Private Hospitals and Sports injury clinics all over the UK before moving to beautiful rural Norfolk in 2013.

If you have any questions and to make an appointment please contact me

01362 688649 or 07709 905878 email: norfolkphysio@gmail.com

Declarations of Interest:

None.

Matters Arising not Covered Elsewhere on Agenda:

Highways:

Concerns were raised about the state of the verges along the Old Fakenham Road towards the School; someone is cutting up the verges with their vehicle for what anyone can describe as mindless fun. Clerk to contact Highways.

The Street the area around the post box has accumulated mud and water and needs clearing up, also mud and straw down The Street is blocking the drains and gullies. Clerk to contact Highways.

Chapel Road West road has several pot holes appearing. Clerk to contact Highways.

Litter has become an issue on all roads, verges and lay-bys. Clerk to contact Highway Rangers.

Correspondence

There have been several emails from Breckland informing us of courses which will be coming up later on in the year, which we may wish to benefit from.

May Elections

The Council is running a session on the 2nd March aimed at prospective candidates primarily at Parish Council level, so if anyone is thinking of becoming a Parish Councillor this would be ideal to actually inform you of what duties you have to perform. If anyone is interested please could you contact Leanne Neave and book a place: Leanne.neave@breckland.gov.uk or 01362 656225. Anyone can obtain the nomination papers from the Parish Clerk or http://www.electoralcommission. org.uk/i-am-a/candidate-or-agent/parish-and -community-council-elections-inengland-and-wales. These forms have to be hand delivered to Elizabeth House, Walpole Loke, Dereham by 4pm on Thursday 9th April. Any nominations received after this time will be rejected.

Finance

Summary of Accounts The financial report for the period 19th December to 11th February 2015 were agreed and signed.

Parish Councils

Approved Payments

The following payments were agreed. Cheque no 100394 £117.75 Bawdeswell Car Scheme. Cheque no 100395 £43.74 Clerk's Expenses.

Planning

3PL/2014/1302/F 2 fishing log cabins for holiday use. PP granted with 8 conditions.

Village Matters

The Parish Clerk has finally received confirmation on the VAT return, which was logged last year on behalf of the Village Hall Committee when they purchased the new village hall notice board. Village Hall Committee: you will soon be receiving your cheque of £122.61p.

Date of Next Parish Council Meeting:

Annual Parish Council Meeting and first Parish Council Meeting of the new year: Thursday 14th May at 7.30pm in the Village Hall. Contact Details for the Parish Clerk Emma Buck Tel: 01362 688299/07771 654277 Email:emma.buck1973@btinternet.com



Benefice News and Events

There are still some tickets available for the Lent Meal at 6.30pm on Sat 28th March at Elsing Village Hall venue. This will include cold lamb, bread, apples, fruit juice and wine and will be in the form of an enactment of the Last Supper. This is open to adults and children but of course we will need an idea of numbers for catering. So, if you are interested please contact Sandi on 01362 688268 to say if you would like a ticket.



Maundy Thursday, 6.30pm will see a Eucharist service including foot washing followed by a vigil at Sparham Church.

On Good Friday there will be the usual walk after a short service at 10am from Elsing Church to Lyng Church followed by a second short service at 11am then on to the Rectory for hot cross buns and refreshments. From 2-3pm there will be a time of meditation in some of the churches but again please keep an eye on local noticeboards. You are all welcome to join the Good Friday activities at any point.

Easter Day will start with a dawn joint Eucharist at 6.30am at Bylaugh Church with the lighting of the Paschal candle. This will be followed by breakfast at the Rectory. Each church will then take the light to their own churches by lighting their own Paschal candles at their services. Foxley, Lyng, Elsing and Sparham will have Holy Communion services on Easter Day. Bawdeswell will host a GiG service at 10.30am.

Sunday	Time	Benefice	Venue
March 1st	4pm	Elmham	North Elmham
March 8th	4pm	Wensum	Weston Longville
March 22nd	4pm	Reepham	Salle
March 29th	4pm	FLEBBS	Bawdeswell
	Palm Sunday, Preacher the Reverend Tim Dean		

Deanery Lent Evensong Services

ALL SAINTS CHURCH BAWDESWELL Saturday 13th June in William Shakespeare's

Love, Laughter & Lyricism



Tickets £12.50 in advance or £15 on the gate 0.362 688499 publication of the state bring a picnic ! Gates open at open

Directed by Michael Dyer Music by Johnny Coppin

Church News

Lyn Page is planning to hold a walk each Wednesday morning during Lent starting at 10am. Nothing too strenuous but a chance for companionship and conversation. If you are keen to join in please contact her on 01603 872381.

Events for March

Date	Event	Time
Wed 4th Mar	Lent Lunch: 3 Hill Paddocks, £5. Details from Jennifer on 01603 879452. Proceeds to St Margaret's Fabric Fund.	-
Wed 4th Mar	Lent Course at the Rectory	3pm and 7.30pm
Wed 11th Mar	Lent Course at the Rectory	3pm and 7.30pm
Sat 14th Mar	Spring Fair, Lyng Village Hall	10-12noon
Sat 14th Mar	Friends of Bawdeswell Church Quiz Night at Foxley Village Hall. Tickets £7.50 from James Lilwall 01362 688499	7 for 7.30pm
Sun 15th Mar	Mothering Sunday. Please see the church service page for details.	-
Wed 18th Mar	Coffee morning Foxley Village Hall	10.30am
Wed 18th Mar	Lent Course at the Rectory	3pm and 7.30pm
Wed 25th Mar	Lent Course at the Rectory	3pm and 7.30pm
Sat 28th Mar	Lent meal at Elsing Village Hall. Tickets from Sandi on 01362 688268	6.30pm

Beauty Training with East Anglian Beauty Training

www.eabt.co.uk

Make Up Masterclass Wednesday 4th March 6pm-8 30pm £20 Reepham High School

Have you always wanted to know how to apply your make up properly and to make the most of your best features? Come along to our masterclass and be shown how to apply make up for a natural day time look through to a glamorous evening look. You will also



learn how to apply strip lashes and to do your own brow definition. The tutor is a professional beauty therapist and has many years of experience in the beauty business.

All make up will be provided, you just need to bring a stand up mirror. Feel free to bring your make up bag along for advice on how to use the make up you already have.

To book a place on the course please contact

Reepham Learning Community 01603 308133 (term time) Sandie Athow 07796698127 (other times) Email – <u>RLC@reephamhigh.com</u> For further details of our other courses, please visit <u>www.reephamlearningcommunity.co.uk</u>







The Friends of Bawdeswell Church

The New Year kicked off with our annual drinks party for all our 100 Club members.

This year it was kindly hosted by James and Peter at Church View and it was a lovely party, with good food and wine.

It's an opportunity for us to say 'Thank You', update members on our work, inform on forthcoming

'protecting & enhancing this unique building for the future'

projects and events; it is also one chance in the year where we don't have to sell tickets!

The 100 Club is an important part of our fundraising and the next draw will be on March 14th at the Quiz Night.

We now have 96 members so if you are interested in buying a membership it costs £26 and there are 4 draws annually, top prize being £100, please contact anyone from the committee.

The Quiz Night with supper is on March 14th at Foxley Village Hall from 7pm. Tickets are £7.50 each and we still have some available if you are interested.

The other events are as follows:

- June 13th Church Festival Players (Village Hall if the weather is bad)
- Sep 26th Bawdeswell Village Hall Harvest Supper & Ceilidh
- Dec 12th Church Christmas Wreath & Seasonal Produce Fair

Keep an eye out for further details as they come available.

James Lilwall – Chairman Susan Ward – Secretary David Shannon – Treasurer Peter Jervis – 100 Club Secretary Committee Members – Robin Taylor, Sandi Taylor, Angela Shannon, Nicholas Ward and Susan Lilwall





NEW! Authentic Indian Cooking Workshop Saturday 7th March Reepham High School 1 15pm-4 15pm £25 per person

Learn to prepare and cook three sumptuous dishes with experienced

cook Julie Philpot. Julie was the proud winner of best pudding in the Eastern Region on ITV's Britain's Best Dish 2011 and has recently attended a Michelin star cookery course in France and is keen to share her new skills!



Come and learn the art of blending spices and

the techniques to help you create authentic Indian food.

We have 3 exciting new dishes - all family recipes to add spice to your meals.

- Masoor daal (split red lental daal)
- Vegetable samosas
- Stuffed paratha

Cook and take these dishes home to enjoy later.

An ingredients list will be provided upon booking and payment.

To book a place on the course please contact Reepham Learning Community 01603 308133 (term time) Sandie Athow 07796698127 (other times) Email – <u>RLC@reephamhigh.com</u> For further details of our other courses, please visit <u>www.reephamlearningcommunity.co.uk</u>







Letter from Lyn

This week we have seen some lovely spring weather when it has been warmer and sunny. The days are beginning to lengthen again and the snowdrops are scattered over the lawn of the rectory. It is lovely to see signs of spring even if they are short-lived at this time of year. I am very much looking forward to the lovely spring walks we have planned for Lent. If anyone wishes to join us, please do not hesitate to contact me at the Rectory.



Life has been a bit of mix over the last month. Unfortunately, this week my father had a nasty fall while at his day care centre. After scans at King's Lynn hospital, the doctor said he had broken his nose. So he has more tablets to take plus of course more visits to the hospital to contend with. He is now back home, nursing his sore face and two very black eyes. He is of course getting lots of sympathetic comments from people he meets when he is out and about on his scooter. Still he remains cheerful and boasts of his determination to 'win' his next battle with the floor.

Joe, one of our cats has had treatment for what the vet described as 'alligator rolls' as he has a balance problem. So far, this treatment has worked and kept him stable.

In Church this week, we remember the transfiguration. The Transfiguration of Jesus is a story in the bible where Jesus' appearance changes and he shines with a bright light. In this story, Jesus' disciples see him talking with Moses and Elijah. I think that the bright light and the words from God affirming "This is my Son, the Beloved; listen to Him!" helps us to keep the season of Lent in perspective.

It is a moment in time where God transcends the seemingly unyielding boundary between life and death. Jesus' transfiguration speaks of the promise that God is here and knowable. As the disciples return to their routine and travel home with Jesus, he warns them not to say anything about what had just happened until he has risen from the dead.

So even before his suffering and crucifixion, Jesus is looking forward to that first Easter when He rises from the dead. It is through this first Easter morning that He is here with us now and seeks us out.

Lyn Page

All Saints' Church, Bawdeswell

March sees us in the middle of Lent as we prepare for Easter.

We have two particular Sundays with different special services to which everyone is welcome:

- Sunday 15th March is Mothering Sunday and we will be having a familyfriendly service at 10.30am. It would be lovely to see as many children and their mothers as possible so please come along.
- Sunday 29th March is Palm Sunday and in the afternoon we are hosting the Deanery evening service at 4.00pm. The Bawdeswell Festival Choir will sing evensong and the preacher will be the Rural Dean.

I have mentioned before that we are intending to obtain some new chairs for the church. We need to get formal permission which should be granted during March so, with any luck, the new chairs will be here for Easter.

Please look out for the annual revision of the Church Electoral Roll ahead of the Annual Meetings which will be held on Sunday 19th April at noon.

William Mason Churchwarden

Foxley St. Thomas'

We gave £214, half our Christmas collections, to Medecins Sans Frontieres, and have received a report from an English volunteer, a water engineer in Central Africa:

"We were running a hospital and cholera treatment centre. On Christmas Day there was an outbreak in a nearby town. They called us that evening as we were eating dinner and asked MSF for help. On Boxing Day, we piled a Land Cruiser as full as we dared and set off. When we arrived we found people lying on the ground in a mud hut. Cholera causes vomiting and a white watery diarrhoea, which was pooled on the floor. The people looking after the sick were catching cholera themselves. A quick town meeting later and we had a bunch of hardy volunteers who helped us build a treatment centre in two days, complete with 20 beds, buckets, chlorine for disinfecting people, and training for the local nurses. We arranged to have every household water supply chlorinated by house-to-house visits each day for two weeks, until the epidemic stopped. Afterwards, they wrote us a letter. They said, "Thank you for not leaving us to our lot."".

Date	01/03	08/03	15/03	22/03	29/03
Season	Second Sunday of Lent	Third Sunday of Lent	Forth Sunday of Lent <i>Mothering</i> <i>Sunday</i>	Fifth Sunday of Lent	Palm Sunday Clocks go forward
Colour	Purple	Purple	Purple	Purple	Red
Foxley	09.00 HC PB		10.30 HC 1	18.00 EP PB	
Lyng	09.00 HC 1	10.30 OMS	15.30 EP PB	10.30 W&P	
Elsing	10.30 HC LP		10.30 W&P	09.00 HC 1	10.30 United HC 1
Bawdeswell	10.30 HC 1		10.30 GiG	10.30 W&P	16.00 Deanery Evensong
Bylaugh		09.00 HC PB		09.00 MP PB	
Sparham	10.30 OASIS		09.00 HC PB	10.30 HC PB	

Key: W&P: Words and Praise Oasis: Cafe Service HC: Holy Communion HC 1: Holy communion Order 1

PB: Prayer Book GiG: Family Service OMS: One More Step EP: Evening Prayer

Have we got something hot for you this winter!

Curry & a Pint or Small Glass of Wine for just £9.75!

Poppadum £0.35



Onion Bhaji £1.50 Naan Bread £1.50

Monday Evenings: 6pm – 8.30pm

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